



12/02/2026

Dear Parents/Carers

Ramadan 2026

At school we very much appreciate that Ramadan is an extremely important month for Muslims and we would like to work with parents to ensure that we support our children & families during this time.

Local Authority guidance, after consultation with the Council for Mosques, suggest primary aged students are not encouraged to fast. Whilst the advice is that fasting is not obligatory for those below the age of puberty, we do understand that some families may intend for their younger children to take part in the fast for some or all of the daily period.

It is for this reason we feel it is vital that parents/carers inform us if they intend for their children to fast whilst at school. We are happy to support your decision and to make arrangements for the children to be supervised at the time when they would normally be having their lunch, but I trust that you understand it is very difficult for us to make a decision not to feed children without express guidance from a parent/carer. Parents/carers should note that if a child states that they wish to fast without parental consent we could not agree to that.

Children dehydrate quickly and we would appreciate information from yourselves about drinking as this varies from family to family.

If your child is fasting, the school office needs to know by Monday 23rd February 2026.

Please do not hesitate to contact us if you would like to discuss anything further.

Thank you for your support and co-operation on this matter.

With kind regards

Gail Kelley
Parental Involvement Worker