



Department of Public Health

5th Floor
Britannia House
Broadway
Bradford
BD1 1HX

Tel: **(01274) 435660**

Dear Parent/Carer

In Reception children have their height and weight measured as part of the National Child Measurement Programme. This is to help us understand how many children are not within a healthy weight and to offer help if needed.

The measurements will be done in school, by school nurses. Children will be measured fully clothed, except for their coats and shoes, in private away from other pupils. Children will not be made to take part on the day if they do not want to.

We would like to provide some assurance for parents of children with Special Educational Needs or Disabilities (SEND). We will allow extra time and support for the children who require this. If you would like to discuss this further, please contact the School Nursing Service.

The results of the measurements will not be given to your child or their school and are only available to health authorities. A letter addressed to the parent/carer will be sent to you if your child is outside of the healthy weight range.

If you have any questions about your child's growth, weight, body image or eating patterns, you can speak to your school nurse or Doctor. You can also visit www.mylivingwell.co.uk for help available in Bradford and information on healthier lifestyles.

If you are happy for your child to be measured, you do **not** need to do anything. If you do **not** want your child's height and weight to be measured, or your child has a medical condition that affects their height or weight please click on this link to **opt out**:

<https://bradford.childscreening.co.uk/Forms/ChildScreeningOptOut>

The opt out form needs to be completed within 2 weeks of receiving this email. If you have problems with the link please ring our School Nursing Admin Hub: **01274 221223 / 221203**.

If you would like to know about the information we collect and what it is used for, **see the additional information in the end of the letter** or click here [National Child Measurement Programme: privacy notice - GOV.UK](#)

Yours faithfully

Craig Blundred
Director of Public Health